



Listening Habits Survey

Name: _____ Age: _____ Gender: Male or Female

Estimate the number of hours you wear earbuds or headphones during activities listed below over the course of a week.

_____ Exercising while watching TV with the volume on

_____ Exercising in the gym

_____ Exercising in a quiet room

_____ Riding a bike

_____ Walking in a neighborhood

_____ Walking or sitting in a noisy environment

_____ Riding in the car

_____ Playing an electronic game/gaming system

_____ Cell phone conversations

_____ Watching a movie/TV

_____ Working on a computer

_____ Other activity

Total hours your wear earbuds/headphones in a given week: _____

